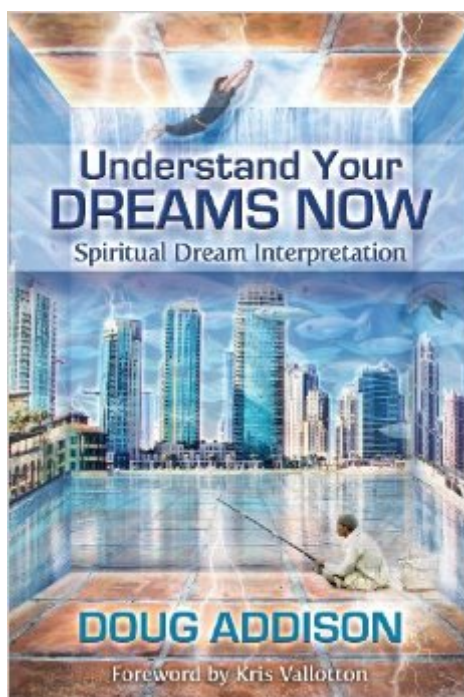


The book was found

# Understand Your Dreams Now: Spiritual Dream Interpretation



## Synopsis

"I took the essence of my years of dream interpretation training and what I look for as a dream expert. I also found a way to teach people that would allow them to catch on quickly through an accelerated dream learning process." Doug Addison Spiritual dream interpretation could possibly help you meet your future spouse, make the right business decisions at work, learn the calling of your children, see what may take place ahead of time, or even be at the right place at the right time! Understand Your Dreams Now is a crash course in dream interpretation drawn from decades of classroom and real world experience. It contains everything you need to get started, including a dream dictionary. In this concise book you will learn to: Get your dream's meaning quickly with pinpoint accuracy. Develop your ability to hear God through your dreams and daily life. Recognize which dreams are important and in need of interpretation. Discover destiny dreams and life-calling dreams. Effectively deal with nightmares to get a positive outcome. Track and journal your dreams for future application. Discern the symbolic meaning behind zombies, vampires, and other dark images. Find out the meaning of flying dreams, being chased, teeth coming loose, and more. Although not all dreams are from God, quite often God guides us through dreams. For most of us, the most important thing to discover is the purpose of a dream, not just its meaning. Only then will we know how we should respond to it. This book will help you do just that."

## Book Information

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## Customer Reviews

At last, a book about dreams that is user-friendly! With just one reading, I have already been able to

understand two dreams that had me perplexed! I can't wait to start journaling my dreams to see what God wants to say to me. I look forward to sharing this book with my friends. I will definitely be using the information from this book a lot. Thank you, Doug, for making dream interpretation so understandable.

I always dream. And love listening to the dreams of others...often ask my children what they dream. However, I always feel confused about not having insight into their dreams. I have so many books on dreams, but was stuck, and never had peace when trying to interpret. While reading Doug's book, I could feel my spirit getting excited. This book is not only a book of knowledge and insight, but a book that will activate your gifting. Within 1 day of finishing the book I have started practising on friends who has discernment, and would tell me if I am wrong on my interpretation. I am so excited about all that is happening. Thank you Doug for the impartation of your gift.

Doug Addison's new book on understanding your dreams is a comprehensive, but easily understandable guide to the dream language that is used by God to speak to all of us. Doug takes the "weird-ness" out of dream interpretation and gives us an every day sense of how our dreams are meant to be known as a way to receive direction and hear God's heart for us. Whether you are a beginner or a seasoned interpreter of dreams, this book will be very helpful to you. This book will be especially helpful to pastors and spiritual leaders in assisting their people to hear the voice of God.

This book explained incredibly well how to interpret my dreams and it revolutionized how I approached reading my dreams. This book is very insightful and full of wisdom. Doug Addison explains in such a way that is very simple, easy to understand, digest and apply. His wisdom and teachings, coupled with the guidance of the Holy Spirit, will teach you how to interpret even the most seemingly complex dreams. I absolutely loved and soaked up everything Doug had to say, and it catapulted me into better interpretation. This is a great book for both beginner-interpreters, as well as veteran-dreamers. Highly highly recommended! I recommend this book as a must-read for ALL dreamers. Thank you Doug!

I have been to those complicated graph drawing dream interpretation classes. I often got lost in it. My problem is I'm too analytical on the symbols. Doug really opens my eyes to symbolic thinking which is absolutely the key to interpret dreams correctly. I have learned so much from this book and I plan to re-read it again. I have dream journals for the past 10 years and now I finally have some

effective tools to crack those mystery. Now I can't wait to dream again :)

Doug Addison's latest book has cracked the code to understand what dreams mean. My favorite chapters are Ch 8 "Context makes a difference" and Ch 12 "Children's Dreams." I got so much out of all the chapters, even some laughs. I think its the best book out there for dream interpretation. He makes a complex subject easy to understand.

Probably the best basic book on dreams that I have read. Well organized and written with helpful examples. One of the best things is Doug's focus on context relative to symbol interpretation and meaning, something many other teachers ignore. He also provides an easy system to begin unlocking the meaning of any dream. This is not the final word on dream interpretation - and it doesn't cover what I would call advanced dream interpretation - but it should be one of the first three books that anyone reads on the subject. I already have a library on dream interpretation, but I actually picked up a few more good tips from Doug. Much better than many of the over-hyped dream books that are out there and essential for a well-rounded understanding of interpretation of dreams.

This was worth waiting for...I'm already feeling more confident about my dreams and the dreams of others. I think this book has arrived at just the right time for many of us. Well-written, engaging, encouraging, informative. I don't know of anything else like it. Thank you, Doug!

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